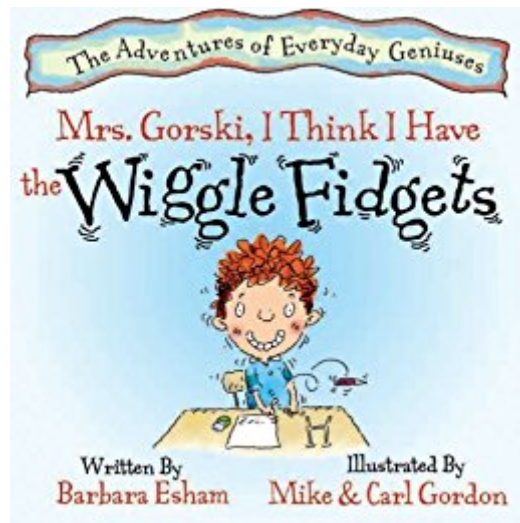


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# Mrs. Gorski, I Think I Have The Wiggle Fidgets: (ADHD, Creativity, And Intelligence) (The Adventures Of Everyday Geniuses Book 1)



## Synopsis

David doesn't know how he ends up in such situations. At the time, it just seems like a great idea. His teacher, Mrs. Gorski, has had about enough; he can tell by the way her voice changes when she speaks to him. This time, he believes that he has come up with the best idea yet. The perfect plan to make everything better.

Endorsements: "The Mainstream Connections Children's Book Series conveys a message that could have been lifted straight from a psychology research journal: there is more than one way to define 'being smart'™. As these stories illustrate, for every person, large and small, there are skills that are relatively difficult to master and others that seem to come more naturally. These books emphasize the important empirical conclusion that just as regular exercise makes the body stronger, so, too, does practice and the effort to improve academically--with all the struggle, fatigue, and initial failure that it entails--allow people to capitalize on the malleable nature of human intelligence." • Dr. Samuel R. Sommers, Tufts University Professor of Psychology "Your books are delightful! I can't wait until they are published so that I can share them with our twice-exceptional clients. I love the way you transform negative reactions of parents and teachers into affirming strategies that support everyone involved. I especially enjoyed the way David used his creative problem-solving skills to brainstorm all the ways he could handle his 'Wiggle Fidgets'™. Your books for children are definitely needed. I believe that they will make a real difference." • Linda Kreger Silverman, Ph.D. Director, Gifted Development Center, Co-Chair of the National Association for Gifted Children (NAGC) Task Force on Assessment; she serves on the American Psychological Association Task Force on Giftedness.

"This is a wonderful book. Each story shows children that success is about effort and determination, that problems need not derail them, and that adults can understand their worries and struggles. My research demonstrates that these lessons are essential for children." • Dr. Carol S. Dweck, Stanford University Professor of Psychology "I applaud Barbara Esham for finding a way to teach young children how to be more mindful. In so doing, she sets the stage for their greater well-being as adults." • Dr. Ellen Langer, Harvard University Professor of Psychology

"Katie's dad can't spell. Max can't work under time pressure. Carolyn may never master cursive writing and David wiggles. They are typical of many students who struggle with some aspect of school. They are also lucky because each of them finds understanding or acceptance of their particular learning profiles. Whether it's the realization that famous people have sometimes been 'different' learners, a teacher who understands that creativity counts too, or the ability to identify coping strategies, the four students put a human face on what it means to struggle in school- and how essential it is to have partners in persisting for success. Katie, Max,

Carolyn, and David are good news for students, parents, and teachers who want to understand what it means to learn outside the traditional lines of school. • Dr. Carol Tomlinson, University of Virginia Curry School of Education Program Coordinator for the Educational Psychology and Gifted Education Program.

## **Book Information**

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## **Customer Reviews**

My son is 7, and about as non-hyperactive as a boy of 7 can be. But he loved this book! It's about more than just fidgety behaviors. It's about the fear every kid has of being embarrassed in class. It's about how to think about behaviors as something you can control, and how to brainstorm ways to change bad habits. It's about taking charge of what you do instead of letting your behavior take charge of you. There's a kid in my son's class who's always disruptive. He annoys my son, and I've been trying to instill a sense of compassion for the poor kid instead of condemnation. This book was really helpful in getting my boy to separate the annoying behavior from the perfectly nice kid who's doing it. Most importantly, my kid loved the book and kept reading it again and again. Then he begged me to get all the books in the series! Anything that keeps my boy excited about reading is

a-ok with me!

I absolutely love this book!..even better yet, my 7 year old son loves this book. He has asked for the rest of the series for Christmas and brought it in to school to share with his class.He said that maybe if more kids read it they can understand kids with ADHD like him. He even did a reading of it at a family get together.Great book! I am buying a copy for his teacher too.

I love this series and this book is no exception. This book is told from the perspective of David, a little boy who has a case of the wiggle-fidgets. I love that the author chose to make this book in first person because I really think that helps children identify with the speaker. The illustrations in this book are cute and yet, there is enough text to make this a worthwhile download for the parent. I enjoyed reading this with my children. Each of these books has more than one message and they are always positive and reinforce a standard for the child to abide by without making it seem like the author is being "thou shalt not!" I love it. Highly recommend this book to parents.

My 9 year old son was recently diagnosed with ADHD and he really enjoyed this book. I think it made him feel more "normal". He is going to take it with him when he meets his new 4th grade teacher so that he can talk to her about it.

I bought this for my son who has sensory issues and ADHD. It has helped him realize that there are others out in the world like him. I also share this with his teacher and with his occupational therapist. Also like the other book in the series "Last in Math". I wish I had bought this as a book rather than Kindle. It would be easier to share.

This is a book that every school, every teacher, and every parent who has a child who has trouble sitting still and staying "on task". This book is also helpful for autistic kids or kids with ADHD. My granddaughter is very intelligent so her mind wanders during lessons that "bore" her. She also is physically active and learns better when she's on the move. She loved the book and we are using some of the suggestions to help her stay on task.

My dyslexic soon (with wiggle fidgets) loves this book- and so do I... I wanted him to know lots of people-not just kids- have this need to be in constant motion. He's 8 and homeschool is working out much better than the waldorf school we had him in. They just didn't understand why he couldn't sit

in a circle or pay attention. I need to donate a copy of this - in Spanish if it's available- to them.

This book was the perfect buy for my 5 year old son who is very hyper active. His doctor has stated that he may be ADHD. After reading this book he felt a renewed confidence in being able to identify with the character in the book. He stated to me a few times, mommy that's like me. And actually I learned some things I could do to help him and his teachers in class from this book. I recommend this book for any parent who's kid may be hyper or have ADD or ADHD. It's fantastic.

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